

## Northampton Aquatic & Family Center JFK Middle School, 100 Bridge Road, Florence, MA 01062



## NEW TIME 6-7pm

## WINTER CLASSES

Aqua Zumba® is perfect for those looking to make a splash by adding a low-impact, high energy aquatic exercise to their fitness routine. It works by blending the Zumba® philosophy with water resistance for one pool party you don't want to miss! The benefit, there is less impact on your joints so you can really let loose. Water creates natural resistance, which means every step is more challenging and helps tone your muscles. This class will leave you feeling fresh and rejuvenated!

## **EVENING CLASSES**

Mondays (9 classes) 6:00 - 7:00 pm November 28 - February 13 \$23/\$35 / \$45 (No Classes December 26, January 2 & 16)

Wednesdays (10 classes) 6:00 - 7:00 pm November 30 - February 1 \$25/\$39 / \$49

Walk-In Fee \$5/\$6/\$7

Fees listed in the order of AFC Member / Non-Member Resident / Non-Resident

Registrations accepted at the AFC at JFK Middle School, 100 Bridge Road, Florence 01062 Mon-Fri 4:00-7:00 pm, Sat 10:00 am-5:00 pm and Sun 11:00 am-4:30 pm, 413-587-1046

or

Northampton Parks & Recreation Department, 100 A Bridge Road, Florence, MA 01062 Mon-Fri 8:30 am-4:30 pm 413-587-1040

www.northamptonma.gov/recreation

REGISTRATION FORM ON REVERSE SIDE

NORTHAMPTON PARKS & RECREATION DEPARTMENT DO NOT USE this form for Summer Day Camps, Youth & Adult Sports, or Birthday Party registrations: Download those packets at www.northamptonma.gov/recreation New to Northampton Parks & Recreation I have updated my Information Today's Date: \_\_\_\_/\_\_\_\_ PLEASE PRINT LEGIBLY Information ADULT 1 **ADULT 2** Name Name Address Address City St Zip City St Zip Phone: (H) (\_\_\_\_)\_\_\_\_(W) (\_\_\_)\_\_\_\_ Phone: (H) ( \_\_\_\_) \_\_\_\_ (W) ( \_\_\_\_) Cell ( ) \_\_\_\_\_\_ Email: Email: EMERGENCY CONTACT OTHER THAN PARENT Photo Release: May Northampton Parks & Recreation Department use photos of you or your family members for brochure, website, promotional use? Yes No Phone (\_\_\_\_)\_\_\_\_\_ PARTICIPANT'S FULL NAME: Male Female Current Grade or Date of Birth School Grade in Fall for programs after June Program Name Day(s) Start Date **Basic Fee** Non-Res Fee **Total Fee** \$ TOTAL FEE FOR PARTICIPANT Male Female PARTICIPANT'S FULL NAME: Current Grade \_\_\_\_\_ or Date of Birth School Grade in Fall programs after June **Program Name** Day(s) **Start Date Basic Fee Non-Res Fee Total Fee** \$ TOTAL FEE FOR PARTICIPANT PASS PURCHASE Pass Pass Type Pass Length Fee Aquatic Center Res: Adult Family Senior Youth 6 Month 12 Month TOTAL Musante Beach Non-Res Adult Family Senior Youth Beach Pass **AMOUNT DUE** Pass Holder's Name(s) Male/Female DOB Pass/Tag# Issued Special Considerations/Comments (Use back if necessary) Male/Female Male/Female Male/Female Male/Female Male/Female Charge mv VISA Master Card Discover Card # Expiration Name on Card Signature Office Use Only: Amt Rec'd \$ Cash Check # Credit RT Date \_\_\_\_\_ Staff Date

Credit

Date

RT Date

Check #

Amt Rec'd \$

Cash